

Notts News

**ALL THE NEWS FROM
RECOVERY IN
NOTTINGHAM,
STRAIGHT TO YOUR
DOOR!**

RECOVERY IN NOTTINGHAM 0300 300 2200

THIS DRUG MAY SAVE YOUR LIFE



By Health Shop Staff

There is a safe and effective medication now available that can reverse an opiate overdose. You can keep it with you or in your room just in case... You never know, it just might save your life.

If you're interested in finding out more contact the health shop for details.



Mixing It up

Taking opiates when they are not prescribed to you is always risky. Mixing drugs such as benzos, codeine, methadone, heroin and alcohol is the most risky thing to do. This is especially true if you do not use regularly or have been on a break.

DEATHS ON RISE

There has been a recent increase in deaths and near deaths from overdoses in Nottingham, especially among people who don't regularly use drugs

Don't be a statistic!

Injecting Others

Are you an injector that's been put in the awkward position of being asked to inject someone? Its tricky, As people can put pressure on you to do it, but initiating someone into injecting is not good and potentially being responsible for someone's death could actually land you in prison

If you or someone you know is using drugs and wants some more support or need to access treatment, then contact RiN on

0300 300 2200 or 12 Broad St, Hockley, NG1 3AL