

*Do something...  
...Get involved*

Focus Groups include:

- ◆ Mental Health
- ◆ Inpatient services
- ◆ 18-24 year olds
- ◆ Women
- ◆ Family & Carers
- ◆ LGBT
- ◆ Disability
- ◆ Primary Care
- ◆ Older Drug Users
- ◆ BME

Over the next 12 months treatment and support services for drug and alcohol issues are being redesigned and tendered. The City Council want to get the views from as many people as possible.

People who use services already and people who may need them in the future. Your views really count.

Stage one consultation has now finished. The commissioners are now holding a series of focus groups with service users and other citizens to discuss particular issues to help them make decisions.

Look out for these posters with details of the different groups that you may be interested in attending.

## **Have your say about the design of substance use services in Nottingham**

### **A focus group for people aged 45+**

In Nottingham there are a large number of people who have been drinking and using drugs for a long time and may have accessed treatment and support over many years. Even though a lot of them are now in recovery, many now have a range of complex needs as they get older, including health, mental health and housing.

We are holding a focus group to talk about these issues on:

**Thursday 20th August**

**10-12 am**

**In the Board Room**

**At the CDP Office in the Galleries of Justice**

**High Pavement**

**For more info contact:  
Glen Jarvis  
Involvement Officer**

Phone: 07947 309 104

Email:

[glen.jarvis@nottinghamcity.gov.uk](mailto:glen.jarvis@nottinghamcity.gov.uk)

If you would be interested in taking part speak to your recovery worker or contact Glen Jarvis.

**Your travel expenses will be paid on the day.**