

Nottingham City Substance Misuse Treatment System

November 2015

Introduction

Nottingham City Council is looking to redesign the substance misuse treatment system in Nottingham and to procure services to deliver that new model.

The key drivers for this redesign are that several large contracts are coming to an end, and as available financial resources reduce it is necessary to review the current model to ensure the good outcomes and quality of treatment can continue to be delivered in the future.

As set out in our original message to the market in May 2015¹, **the vision** is a treatment system that delivers the best possible quality and standards of care, maximising numbers achieving a substance free lifestyle and recovery from substance misuse. High quality treatment will need to be delivered within the available budget in a challenging economic climate.

The objectives for the treatment system are to:

- Maximise the number of clients who achieve recovery
- Reduce the harm to individuals and families (including vulnerable groups) as a direct or indirect result of substance misuse; including supporting those for who recovery is not yet an option
- Ensure service users are at the heart of the treatment system and their own recovery journey
- Respond to current need and be flexible to future changing needs

Through provision of treatment that is

- Able to intervene early through identification, training and screening
- Recovery focused offering a visible recovery community and rebuilding community assets
- Easily accessible and easy to navigate
- Joined up – for polysubstance users
- Evidence based but with freedom for expert clinically-led innovation
- Cost effective and delivering value for money

¹ <http://www.nottinghamcdp.com/commissioning-and-tendering-2015/>

Background

From May to October 2015, a wide range of consultation and market development activities have been undertaken.

The findings from consultation² and market development have been reviewed and considered alongside local needs assessment and a local commissioning review³, national guidance and findings from other areas, in order to inform the final model for the treatment system in Nottingham.

Essential Elements of Treatment

Building on these findings we will focus on three essential elements of treatment in Nottingham:

- **Access & engagement** – services must be accessible to all potential service users. Services must be proactive in engaging new service users into treatment.
- **Treatment** – must be of high quality. The therapeutic relationship between the worker and the service user is key.
- **Recovery** – needs to run throughout the treatment journey and the treatment system. Recovery interventions are important in enabling and sustaining recovery.

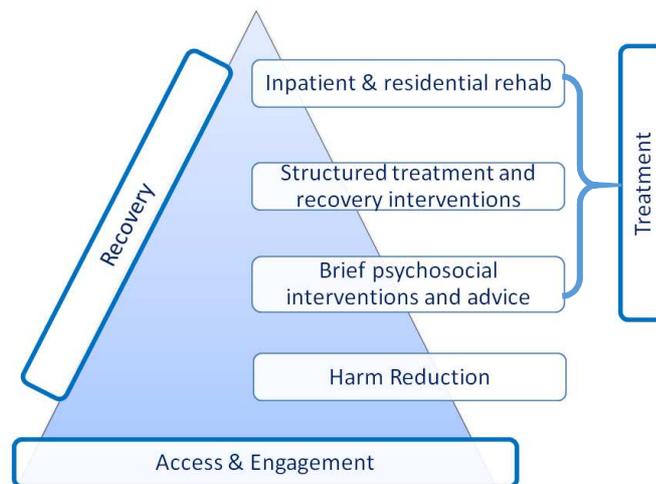


Diagram 1

² <http://www.nottinghamcdp.com/commissioning-and-tendering-2015/>

³ The Joint Strategic Needs Assessments and local Substance Misuse Commissioning Review are anticipated by the end of the year and will be available from <http://www.nottinghamcdp.com/>

Commissioning Framework

The commissioning framework (diagram 2 below) sets out the commissioned service blocks that make up the planned substance misuse treatment system for Nottingham.

- Services to be tendered in this round of procurement are shown in yellow boxes. **These services are in scope.**
- Services which will not be tendered in this round of procurement are shown in blue boxes. **These services are out of scope.**

The model has been designed based on consultation and market development findings considered alongside local need, national guidance and feedback from other areas. Decisions regarding which services are in and out of scope have been made on a combination of factors including (but not exclusively) consideration of current contracts, risk of destabilisation to current service users, and resources.

Full details of the requirements of each service will be included within service specifications.

The substance misuse treatment system should be widely accessible. The following services will provide **access points** into the treatment system:

- Specialist Needle Exchange & Sexual Health Service
- Pharmacy Needle Exchange
- Hospital Liaison Service
- Adult Drug & Alcohol Service
- Shared Care
- Criminal Justice Treatment Service
- Young People's Substance Misuse Service
- Family Support Service

Where service users need to move between services it is expected that service providers will facilitate this through integrated referral pathways. Further detail on key referral pathways will be included within service specifications.

Front End Services (non-commissioned)

Primary Care & health services / mental health services / police / prison / social services / community groups / housing / domestic & sexual violence services / children & young people services / education & employment agencies Etc.

Hospital Liaison

Identification, assessment & motivational engagement / care coordination / withdrawal management / psychosocial interventions / pharmacotherapy / reintegration

Adult Drugs and Alcohol

Access, Engagement & Outreach
 Assessment & recovery coordination
 Harm Reduction
 Brief Interventions
 Structured treatment interventions
 Shared Care (drug workers)
 Recovery Interventions
 Management of complex needs
 Intensive case management

**Alcohol IBA
(GP Contracts)**

**Shared Care
(GP Contracts)**

**Supervised Consumption
(Pharmacy Contracts)**

Criminal Justice

Access & Engagement
 Custody Suite
 Assessment
 Assessment & recovery coordination
 Harm Reduction
 Brief Interventions
 Structured treatment interventions
 Recovery
 Interventions
 Prison In reach
 Management of complex needs
 Community Orders

Young People

Access & Engagement
 Assessment & Recovery
 Coordination
 Harm Reduction
 Brief Interventions
 Structured treatment interventions
 Recovery
 Interventions
 Hospital Liaison
 Transition to adult services

Specialist Needle Exchange & Sexual Health

Specialist Needle Exchange
 Sexual Health
 BBV Testing & Vaccination
 Health Promotion & Comms
 Naloxone & Overdose Prevention

Pharmacy Needle Exchange

Family Support

Practical, emotional and psychosocial support for adults and children affected by someone else's substance misuse

Access to ...



Inpatient

Residential Rehab

Diagram 2: Commissioning Framework