

## We can help

If you're worried a young person you know has joined or is at risk from a gang, we can help.

We're here 24/7 to offer advice, support and information. It's free to contact us and you don't have to say who you are.

**0808 800 5000 • [help@nspcc.org.uk](mailto:help@nspcc.org.uk)  
[nspcc.org.uk/gangs](http://nspcc.org.uk/gangs)**

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**NSPCC**   
Cruelty to children must stop. FULL STOP.



HE JOINED A GANG AND  
CAN'T SEE A WAY OUT.

**Young people join gangs for lots of reasons. Excitement. Status. Protection. A sense of belonging.**

But they can quickly get in too deep – abused, exploited and involved in dangerous situations, with no easy way out.



**Are you worried about a young person? We can help.**

Are they spending time with people you don't know or are unsure about? Do they have new clothes or other things you think they can't afford? Have they started to get in trouble at school?

If it is any of these – or there's just something that doesn't feel right, we can advise on whether it sounds like they're at risk. Together we can work out what to do next.